

Mind

Body

Spirit

Soul

Harmony

Joy

Love

Peace

Hope

THE PURE LAND IN EVERY STEP

RETREAT, 2012

In Plum Village & Zen Master Thich Nhat Hanh tradition, the Lotus Bud Sangha warmly welcome you to join our community of practice for a three day retreat at the Waterfall Scout Camp. The retreat is guided by brother Phap Ung, Phap Khai and the sisters from Nhap Luu monastery in Melbourne.

Brother Phap Ung: A Dharma Teacher at Plum Village in the tradition of Zen Master Thich Nhat Hanh. Ordained in 1993 in Plum Village, France & receiving the lamp transmission in 1999.

Brother Phap Khai: He is Vietnamese-American. 36 years old. He ordained in 2009 and became a Bhikkhu last year. The two brothers are living at Upper Hamlet, France.

The sisters from Entering the Stream Monastery (Nhap Luu) in Victoria: Sister Thuan Tien, Sister Luong Nghiem, Sister Tri Duyen and Sister Can Nghiem.

WHEN

Saturday 29th September to 1st October 2012
(long weekend)

WHERE

Camp Coutts, Scout Camp, Waterfall NSW

COST: WHOLE RETREAT STAY: Adult: Dormitory: \$180 - Camping: \$160; Children (12 & under): Dormitory: \$105 - Camping: \$90; Student/Conc.: Dormitory: \$120 - Camping: \$100 **ONE DAY OF MINDFULNESS** (Sunday only) Adult \$50/ Student/Conc. \$25/ Family (2 adults & 2 children) \$100. **ENQUIRIES:** Ettianne Anshin (English) Ph: 02 9519 0247, mob:0425 231 576, email: tianne70@yahoo.com.au; Cam Tu Dang (English & Vietnamese) Mob: 0410 041 876 email: cam.dang@y7mail.com Hoa (Vietnamese) Mob: 0422 882 586; Be Nam Huynh (Vietnamese) Ph: 02 9711 7712.

COST:**Whole Retreat Stay**

Accommodation:	Dormitory	Camping
Adult	\$180	\$160
Student/Conc.	\$120	\$100
Children (5-12)	\$105	\$90

One Day of Mindfulness (Sunday only)**Adult \$50****Student/Conc. \$25****Family (2 adults & 2 children) \$100****REGISTRATION****Step 1: Payment in full**

- Make direct payments to:

Bank: St George Bank

Account name: Lotus Bud Sangha

Account: BSB: 112---879 Account no.: 099149197

Please reference your transaction starting with your initials followed by SEPTLW.

E.g. John Smith would reference as "JS SEPTLW".

Alternatively:

- Write out a cheque or money order to: Lotus Bud Sangha

Step 2: Registration form

- Download and fill in a copy of the registration form, and either post or email to:

Ettianne Anshin

Post: c/o Lotus Bud Sangha

9/144 Camden Street, Enmore NSW 2042

Email: tianne70@yahoo.com.au**Registration Close Date: Sunday 23rd September (by 7pm)**

In the interest of catering and limiting cash handling at the venue, full payment is requested before registration close date.

Cancellation Policy:

Should circumstances change and you wish to cancel your registration, full refund given if notice is given 7 days prior to the retreat. After 7 days, i.e. 22nd September, we reserve the right to refund 50% of full payment amount.

What to Bring? - Sleeping bag, linen & pillow, towel, toiletries & insect repellent, walking shoes, hat, warm jacket & sunscreen, cushion, earphones & torch.

CONTACTS

Convenor:

Les Tscherne

Ph: 02 9818 5769, mob: 0414 622 816, email: lest48@bigpond.com

Enquiries:

Ettianne Anshin (English)

Ph: 02 9519 0247, mob: 0425 231 576, email: tianne70@yahoo.com.au

Cam Tu Dang (English & Vietnamese)

Mob: 0410 041 876 email: cam.dang@y7mail.com

Be Nam Huynh (Vietnamese)

Ph: 02 9711 7712, email: benanhuyn@gmail.com

THE PURE LAND IN EVERY STEP RETREAT
Saturday 29th September to Monday 1st October 2012

REGISTRATION FORM

How to register: Fill in the form below and send with full payment cheque/money order/EFT details to:
 c/o Lotus Buds, Ettianne Anshin 9/144 Camden Street, Enmore 2042 or email: tianne70@yahoo.com.au

PART 1 – PERSONAL INFORMATION								
Surname	Firstname	Age	Sex	Language you can speak	Dharma name	Dorm	Tent	Special requirement
1.								
2.								
3.								
4.								
Address:					Suburb:		State:	
Postcode:	Mobile:	Phone:		Email:		Need transport:		
PART 2 - BOOKING								
Length of stay: <input type="checkbox"/> Whole retreat (SAT-MON) <input type="checkbox"/> Single Day <input type="checkbox"/> Other:								
Payment by: <input type="checkbox"/> Cheque/Money Order <input type="checkbox"/> EFT <input type="checkbox"/> Direct bank deposit. Amount: \$								
PART 3 – EMERGENCY CONTACT								
Name (1):		Relationship (1):			Phone (1):		Email (1):	
Name (2):		Relationship (2):			Phone (2):		Email (2):	
Is anyone listed taking medication? <input type="checkbox"/> Yes <input type="checkbox"/> No					If YES, please indicate what medication you are taking:			
Doctor Information								
Your GP name:					GP phone:		GP email:	
Exemption of responsibility: I (We) will exempt the Lotus Bud Sangha from all responsibility if during the time on the retreat I (we) fall ill or encounter any injury.					Sign:		Date:	
Name of family representative / Individual:								